MAKING HEALTHY DECISIONS

Related to Sexuality and Boundaries
HEALTHY YOUTH SURVEY

2018 Results for Grays Harbor County
Other Statistics
<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
<th>Number of Partners</th>
<th>Condom Use</th>
<th>Method Use</th>
</tr>
</thead>
<tbody>
<tr>
<td>8th</td>
<td>12%</td>
<td>2%</td>
<td>48%</td>
<td>67%</td>
</tr>
<tr>
<td></td>
<td>39%</td>
<td>8%</td>
<td>55%</td>
<td>81%</td>
</tr>
<tr>
<td>12th</td>
<td>57%</td>
<td>11%</td>
<td>64%</td>
<td>91%</td>
</tr>
</tbody>
</table>
I just had sex ed in school today, Dad! You lied to me! You told me if I have sex before my 16th birthday, my boyfriend will die.

Oh, he will, sweetheart, he will.
Grays Harbor Teen Pregnancy

2016 statistics from the WA Dept. of Health

- In 2016 there was 1 pregnancy in the under 15 age group.
  - 1 abortion

- There were 17 pregnancies in the 15-17 age group.
  - 11 live births, 6 abortions

- There were 62 pregnancies in the 18-19 age group.
  - 50 live births, 12 abortions
2014 STDs (for Grays Harbor County)

<table>
<thead>
<tr>
<th>Condition</th>
<th>Ages 10-14</th>
<th>Ages 15-19</th>
<th>Genital Herpes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chlamydia</td>
<td><strong>1 male, 1 female</strong></td>
<td><strong>4 males, 51 females</strong></td>
<td></td>
</tr>
<tr>
<td>Gonorrhea</td>
<td><strong>No reported cases</strong></td>
<td><strong>No reported cases</strong></td>
<td><strong>0 males, 2 females</strong></td>
</tr>
<tr>
<td>Genital Herpes</td>
<td><strong>No reported cases</strong></td>
<td><strong>No reported cases</strong></td>
<td>Providers only required to notify health department under certain circumstances.</td>
</tr>
</tbody>
</table>

- Females more likely to be routinely screened, hence the higher rates of reported cases.
- Nationally, per the CDC, 15-19 year olds had the highest rate of reported cases in 2017.
- Nationally, per the CDC, among 15-19 year olds, rates increased 15.5% during 2016-2017.
- Is a disease which has developed resistance to treatment.
There are teenagers having unprotected sex, but have cases on their cell phones. Just let that sink in for a moment.
Statistics Reported by the Washington Coalition of Sexual Assault Programs

- A survey of Washingtonians between 2010-2012 found that 45% of women and 22% of men have experienced sexual violence during their lifetime.

- 80% of Washington women's sexual assault experiences occurred prior to the age of 18.

- In 2016, 17.7% of 10th graders in Washington reported that they had been made to engage in unwanted kissing, sexual touch or intercourse.

- Among adults who are developmentally disabled, as many as 83% of the females and 32% of the males are the victims of sexual assault.
BRIEF HISTORY OF SEXUAL EDUCATION IN THE UNITED STATES

1940 to present day
Now that you're big
There's some stuff you should know

There's some stuff you should know
About your bits down below
1940 The U.S. Public Health Service advocates for sexuality education in schools, labeling it an “urgent need.”

1955 “Sex education series” pamphlets for schools published by the American Medical Association in conjunction with the National Education Assoc.

1966 The US Dept. of Education funds agencies to develop sexual health education programs in response to the sexual revolution and to address the growing issue of teen pregnancy.

1971 Implementation of comprehensive sex education (CSE) in all public schools is supported at the national level.

1980s Promotion and expansion of CSE halted in response to the AIDS epidemic and religious groups in favor of abstinence-only education (AOE).

1986 The Surgeon General calls for comprehensive AIDS and sexuality education in public schools, beginning as early as the third grade. "There is now no doubt that we need sex education in schools and that it include information on heterosexual and homosexual relationships . . . The need is critical and the price of neglect is high."

1996 As part of welfare reform law, grants are provided to states that adopt AOE, with many states adopting abstinence programs to obtain federal funding.

2010 Funding is decreased for AOE and increased for CSE, but as of 2016 there were more funding opportunities for AOE than CSE.
Current Washington law states that “the decision as to whether or not a program about sexual health education is to be introduced into the public schools is a matter for determination at the district level by the local school board.”

Any sexual health education that is introduced must be comprehensive, not abstinence only.

According to the Grays Harbor Public Health Department “we no longer teach sex education in the schools.”

Parents have always and will always be a child’s first and best teacher, including sexuality issues. The data and pending state law suggest that schools also play a significant role.
SB 5395 – 2019-20
HB 1407 – 2019-20
Legislation Concerning
Comprehensive Sexual Health Education
Comprehensive information and skills-based instruction on:

- Preventing unintended pregnancy and sexually transmitted disease
- Encouraging healthy relationships based on mutual respect and affection, free from violence, coercion, and intimidation
- Identifying and responding to attitudes and behaviors that contribute to sexual violence
- Affirmative consent (conscious and voluntary agreement)
- Must be evidence-informed, medically and scientifically accurate, age appropriate, and inclusive for all students
- Families will be able to opt out
Hey, teacher?

When are we actually gonna use any of this?

You?

Never.

Sex ED

Ooo burn!
Timeframe

- On 4-28-2019 bill was in the process of being amended.

- If passed:
  - *Must be phased in with 6th-12th grade students by 09/01/20*
  
  - *Must be phased in with K-5th grade students by 09/01/21*
  
  - *Full implementation for all public schools and all grade levels by 09/01/21*
Some reasons why the State of Washington may be trying to promote comprehensive sexual health education in the schools
Why?

- Studies of Comprehensive Sexual Health Education programs have demonstrated:
  
  - Statistically significant declines in teen pregnancy, HIV, and other sexually transmitted infections
  
  - A statistically significant delay in the timing of first sex
  
  - Reduction in the frequency of sex, including return to abstinence
  
  - Reduction in number of sexual partners
  
  - Reduction in unprotected sex with increased use of condoms and other methods of birth control
“Vows of abstinence break more easily than latex condoms.”

Jocelyn Elders
former U.S. Surgeon General
CHOOSING THE CURRICULUM

Evidence-Informed and Medically and Scientifically Accurate
Two OSPI Recommended Curriculum Examples
“You don't need to tell me about the birds and the bees. I just Googled it.”
FLASH
Used by King County

- https://www.etr.org/flash
- Developed by Public Health – Seattle and King County
- Since 2015 has been purchased for use in 44 states
- Has family involvement component with homework activities for each lesson

3Rs
Used in Spokane

- https://3rs.org/3rs-curriculum/
- Recently approved for use by both a citizens’ committee and the school district leadership team
- Based on a European Study Tour
- Includes family homework
- States it is a free curriculum