

NORTH BEACH SCHOOL DISTRICT No. 64

This Institution is an Equal Opportunity Provider and Employer

October 2022

Breakfast and Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday						
3	Muffin String Cheese Fruit Juice Milk	Deli Sandwich BBQ Beans Cucumbers Pasta Salad Fruit Milk	4	Coffee Cake String Cheese Fruit Juice Milk	Chicken Nuggets French Fries Breadstick Salad Fruit Milk	5	Cold Cereal String Cheese Fruit Juice Milk	Corn Dog Tater Tots Green Beans Side Salad Fruit Milk	6	Fruit Crisp Fruit Juice Milk	Teriyaki Chicken over Rice Asian Slaw Carrots Fruit Milk	7	Cinnamon Roll Fruit Juice Milk	Cheese Breadstick w/marinara Side Salad Corn Pasta Salad Fruit Milk
10	Indigenous Peoples Day NO SCHOOL	NO SCHOOL	11	Breakfast Sandwich Fruit Juice Milk	Chicken Nuggets French Fries Breadstick Salad Fruit Milk	12	Cold Cereal String Cheese Fruit Juice Milk	Chef Salad Combread BBQ Beans Cucumbers Fruit Milk	13	Pancake Stick Fruit Juice Milk	Beef Dippers over Rice Asian Slaw Carrots Fruit Milk	14	Cinnamon Roll Fruit Juice Milk	Fish & Chips Coleslaw Corn Fruit Milk
17	Muffin String Cheese Fruit Juice Milk	Chicken Burger BBQ Beans Cucumbers Side Salad Fruit Milk	18	Biscuits & Gravy Fruit Juice Milk	Chicken Nuggets French Fries Breadstick Salad Fruit Milk	19	Cold Cereal String Cheese Fruit Juice Milk	Burrito Tater Tots Green Beans Side Salad Fruit Milk	20	Whole Grain Pancakes Fruit Juice Milk	Turkey Gravy over Mashed Potatoes Bread Stick Side Salad Peas Fruit Milk	21	Cinnamon Roll Fruit Juice Milk	Cheeseburger French Fries Corn Side Salad Fruit Milk
24	Data Day NO SCHOOL	NO SCHOOL	25	Breakfast Bagel Fruit Juice Milk	Chicken Nuggets French Fries Breadstick Salad Fruit Milk	26	Cold Cereal String Cheese Fruit Juice Milk	Pulled Pork Sandwich French Fries Coleslaw Green Beans Fruit Milk	27	Breakfast Casserole Granola Bar Fruit Juice Milk	Chicken Chili Combread Side Salad Coleslaw Fruit Milk	28	Cinnamon Roll Fruit Juice Milk	Cheese Pizza Pasta Salad Side Salad Corn Fruit Milk
31	Muffin String Cheese Fruit Juice Milk	Deli Sandwich BBQ Beans Pasta Salad Cucumbers Fruit Milk												

MENU SUBJECT TO AVAILABILITY
Lunches include seasonal fruits and vegetables