### NORTH BEACH SCHOOL DISTRICT No. 64
November 2022
Breakfast and Lunch Menu

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Coffee Cake String Cheese Fruit Juice Milk</td>
<td>Chicken Nuggets French Fries Breadstick Broccoli Fruit Milk</td>
<td>Corn Dog String Cheese Fruit Juice Milk</td>
<td>Pancake on a Stick Fruit Juice Milk</td>
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<tr>
<td>7 Early Release</td>
<td>8 Early Release</td>
<td>9 Early Release</td>
<td>10 Early Release</td>
<td></td>
</tr>
<tr>
<td>Muffin String Cheese Fruit Juice Milk</td>
<td>Breakfast Bagel Yogurt Veggies Fruit Juice Milk</td>
<td>Muffin String Cheese Fruit Juice Milk</td>
<td>Biscuits &amp; Gravy Hashbrowns Yogurt String Cheese Fruit Juice Milk</td>
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<tr>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td></td>
</tr>
<tr>
<td>Muffin String Cheese Fruit Juice Milk</td>
<td>Chicken Burger BBQ Beans Cucumbers Side Salad Fruit Milk</td>
<td>Chicken Nuggets French Fries Breadstick Broccoli Fruit Milk</td>
<td>Cold Cereal String Cheese Fruit Juice Milk</td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>22</td>
<td>23 Early Release</td>
<td>24 Thanksgiving</td>
<td></td>
</tr>
<tr>
<td>Muffin String Cheese Fruit Juice Milk</td>
<td>Whole Grain Pancakes Fruit Juice Milk</td>
<td>Chicken Nuggets French Fries Breadstick Broccoli Fruit Milk</td>
<td>Cold Cereal String Cheese Fruit Juice Milk</td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>29</td>
<td>30</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Muffin String Cheese Fruit Juice Milk</td>
<td>Chicken Burger BBQ Beans Cucumbers Side Salad Fruit Milk</td>
<td>Chicken Nuggets French Fries Breadstick Broccoli Fruit Milk</td>
<td>Cold Cereal String Cheese Fruit Juice Milk</td>
<td></td>
</tr>
</tbody>
</table>

This Institution is an Equal Opportunity Provider and Employer

MENU SUBJECT TO AVAILABILITY
Lunches include seasonal fruits and vegetables